

Mental Health Sub Group

Chair: Kevin Sole on behalf of Melody Williams (NELFT)

Items to be escalated to the Health & Wellbeing Board

Feedback from MH service Users Group & Carers forum – Discussed the recent closure to admission for Goodmayes Hospital. Updated on the review of the acute care pathway which has been undertaken since this incident and the three work-streams which have been created to look at:

- Inter-team working between Acute and Community Teams.
- Service workload and capacity
- Effective use of RiO (Electronic Patient Record system)

There has also been a complete revamp of the bed management policy and escalation process to ensure that people do not stay in hospital longer than required.

Training and Development – National CQUIN to improve the physical healthcare and reduce premature mortality in people with severe mental illness. This CQUIN builds on the developments made across England on improving physical health care for people with severe mental illness in order to reduce premature mortality in this patient group. It gives providers an opportunity to continue building on progress made over the past two years and ensure systems are in place to embed learning and sustain good practice.

The aim is to ensure that patients with severe mental illness have comprehensive cardio metabolic risk assessments, have access to the necessary treatments/interventions and the results are recorded in the patient's record and shared appropriately with the patient and the treating clinical teams.

Patients with severe mental illness for the purpose of this CQUIN are all patients with psychoses, including schizophrenia and bi-polar disorder in inpatient units and community mental health services.

The cardio metabolic parameters based are based upon the evidenced based Lester Tool and require mental health services to look at the following in the this cohort of patients

- Smoking status
- Lifestyle (including exercise, diet alcohol and drugs)
- Body Mass Index
- Blood pressure
- Glucose regulation (HbA1c or fasting glucose or random glucose as appropriate)
- Blood lipids.

Training to screen for these six areas has been undertaken to increase the number of frontline clinicians and practitioners able to accurately assess, identify and support people into programmes to make lifestyle changes.

Performance

Performance remains in line with national indicators. Barking and Dagenham has seen a

reduction in the number of people with delayed discharge as a result of the work undertaken to improve discharge planning.
Meeting Attendance Date of last meeting – 23 rd January 2017
Action(s) since last report to the Health and Wellbeing Board (a) Review of the mental health strategy for implementation (b) Development of Community Pharmacy project to support physical health screening of people with mental health problems
Action and Priorities for the coming period (a) Support from the sub group for the suicide prevention plan workshop on 21 st March 2017. (b) Implementation of the NELFT CQC Action Plan (c) Consideration for the development of a Peer Support Service. (d) Review of the ACO and three locality changes required across the care community.

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